



GOVERNOR'S ADVISORY COUNCIL ON AGING

AGING IN COMMUNITY COMMITTEE (AICC) MEETING MINUTES

May 8, 2015

10:15 a.m. – 11:45 a.m.

Arizona State Capitol Executive Tower
Second Floor Conference Room
1700 West Washington Street
Phoenix, Arizona 85007

Pending Approval

Council Members, Liaisons and Participants Present

Lisa O'Neill (Committee Chair), Becky Brimhall-Lepire, Charles Brown, Andrew Compton, Patsy Gillis, Deborah Hankerd, Diane Joens, Deborah Lavinsky, Teresa Ramirez Lopez, Doyle Meredith, Allison Perrin, Melinda Preston, Trudy Schuett, Tonya Watson, C. T. Wright, Michele Michaels, Kathy Rood, Deborah Schaus and Shawn Trobia

Council Members Absent

Council Staff Present

Cathy De Lisa and Carolyn Sigler

Guests Present and Signing In

Rita Anand, B. J. Ayers, Karen Richards, and M. Short

Welcome & Introductions, Review & Approval of 3.6.2015 Draft Minutes

Lisa O'Neill, Committee Chair, called the meeting to order at 10:15 a.m. A welcome and introduction period followed. Draft minutes from the March 6, 2015, meeting were reviewed. *Becky Brimhall-Lepire moved to approve the March 6, 2015, minutes as presented; C. T. Wright seconded. The motion passed unanimously.*

Review & Discussion of Subcommittees' Measurable Outcomes

Vice Chair Tonya Watson led a brief discussion on measurable outcomes and objectives for the GACA committees and the subcommittees.

Break Out Subcommittee Discussions/Planning Around Measurable Outcomes

Members of AICC broke into the two subcommittees for a 40-minute session.

Copies of materials distributed during the breakout discussions of the two groups are available through the Governor's Advisory Council on Aging office.

Report Back from Subcommittees, Questions & Discussion

Transportation Subcommittee Co-Chair Deborah Hankerd reported the Subcommittee's short-term goal remains focused on development of the transportation toolkit. The Subcommittee's long-term goal is to have the toolkit posted on a partner website by the end of the year. At the Subcommittee's request from the March meeting, representatives of ADOT and regional mobility managers will present to the Council at today's meeting. The collection of transportation resources provided by subcommittee members and assembled by staff is available for review at the Council on Aging office.

Alzheimer's Subcommittee Co-Chair Teresa Ramirez Lopez reported the group discussed the short-term goal of disseminating information on the June 12 Arizona Alzheimer's Consortium conference to members' networks. The information will be provided electronically and the Co-Chairs of the Subcommittee hope to track information on the individuals/groups spreading the news.

The Subcommittee's long-term goal is to bring dementia educational information to a younger audience. It was noted that Alz.org has educational videos that may prove helpful in getting information out to a wider audience.

Review/Discussion/Action Taken on Objectives for AICC

Committee Chair Lisa O'Neill led a review of the proposed AICC objectives. *Allison Perrin made a motion to approve the AICC objectives; Trudy Schuett seconded; the motion passed unanimously.*

The Committee Chair had the group review the draft objectives for the Transportation Subcommittee. Following discussion, *Becky Brimhall-Lepire made a motion to approve the Transportation Subcommittee objectives; Doyle Meredith seconded the motion. Motion passed.*

The Alzheimer's Subcommittee draft objectives were reviewed, and the Committee Chair invited discussion. Following a suggestion to edit the first objective, *Melinda Preston made a motion to approve the first objective with the so noted edit as the Alzheimer's Subcommittee one objective; Teresa Ramirez Lopez seconded the motion. The motion passed.*

Report Out & Discussion on AICC-related research, conferences, workshops, seminars, training opportunities, best practices, etc.

Deborah Schaus clarified that the Arizona Alzheimer's Consortium is holding the event on June 12, and the Arizona Alzheimer's Desert Southwest Chapter is one of the cosponsors. A copy of the flyer about the event provided by Ms. Schaus is available for review through the Council on Aging office.

Karen Richards reported she is teaching chronic disease self-management classes that are listed on the Arizona Living Well Institute calendar.

Cathy De Lisa reported out on the June 21 Longest Day event for Kathy Ritchie. A copy of the flyer provided by Ms. Ritchie is available for review through the Council on Aging office.

Michele Michaels reported that she had updated the Fast Facts and Fast Resources about Hearing Loss created by a partnership with the Council in years past; copies were available. Ms. Michaels also reported the Arizona Commission for the Deaf and the Hard of Hearing will be hosting an Open House from 10 a.m. to 2:00 p.m. on May 19. Copies of the updated resources are available through the Council on Aging office.

Teresa Lopez reported that she recently toured a Chicanos Por La Causa senior housing facility in Phoenix and that the new director is offering exercise classes for seniors and offers a healthier, ethnic menu in partnership with the Area Agency on Aging.

Ms. Lopez reported she also met with U. S. Representative Ruben Gallego as one of the advocates from the Alzheimer's Association Desert Southwest Chapter.

Deborah Lavinsky reported that May is National Osteoporosis Month and that Tai Chi and Buff Bones classes will be offered throughout the month.

Diane Joens reported that the Verde Valley Medical Center has funded a successful Verde Valley Caregivers program focused on helping reduce return hospital visits by patients.

Tonya Watson reported that she, Becky Brimhall-Lepire and Cathy De Lisa were among those invited to attend the White House Regional Conference on Aging Phoenix Regional Forum on March 31.

Adjourn

Committee Chair Lisa O'Neill adjourned the meeting at 11:30 a.m.

Next Meeting

The next meeting of the Aging in Community Committee of the Governor's Advisory Council on Aging is scheduled for July 10, 2015; time and location to be determined and announced by public meeting notice posted at the GACA website: www.azgovernor.gov/gaca/. These meetings are open to the public.